

MVPN Basic Training

Beneficial Information

Peer Support Opportunities

- One-on-one peer support
- Peer Groups Facilitator
- Peer Mentor
- Veteran Treatment Court Peer Mentor
- Peer Volunteer
- Peer Educator
- MVPN Ambassador

Resources

Suicide Prevention and Awareness

- Dial 1-800-273-8255 and Press 1 to talk to someone
- Start a confidential online chat session at www.VeteransCrisisLine.net/chat
- Send a text message to 838255 to connect to a VA responder
- Take a self-check quiz at www.VeteransCrisisLine.net/quiz
- If you or a Veteran you know is in crisis, find a facility near you
- Visit www.MilitaryCrisisLine.net if you are Active Duty, Reserve, or Guard
- Make the Connection Shared Experiences and Support for Veterans <http://maketheconnection.net/>

MVPN Peer Professional Ethics

MVPN Peers are **PEOPLE-CENTERED**

MVPN Peers are **FOCUSED ON PROMOTING RECOVERY**

MVPN Peers are **NON-JUDGMENTAL**

MVPN Peers are **ACTIVE LISTENERS**

MVPN Peers are **RESPECTFUL**

MVPN Peers are **EFFECTIVE MENTORS**

MVPN Peers **DEMONSTRATE INTEGRITY**

MVPN Peers **ENCOURAGE GROWTH**

MVPN Peers **EXHIBIT EQUALITY**

MVPN Peers are **FOCUSED ON POSITIVE**

MVPN Peers **HELP ESTABLISH CLEAR, ACHIEVABLE GOALS**

MVPN Peers **DO NOT CREATE COMFORT ZONES**

SMART Concept

